

Many chiropractic schools require the following courses before being considered for admittance. These are general recommendations, as specific requirements may vary significantly by school. These courses must be completed with a minimum grade of 'C', higher preferred. Requirements are subject to change each year. **Be sure to research schools of interest for current prerequisites.**

- BIOL 120/121** Biological Concepts I (4)
- BIOL 122/123** Biological Concepts II (4)
- BIOL 131** Human Anatomy & Physiology (4)
- CHEM 120/121** College Chemistry I (5)
- CHEM 222/223** College Chemistry II (5)
- CHEM 340/341** Organic Chemistry I (5)
- CHEM 342/343** Organic Chemistry II (5)
- PHYS 231/232** Physics & Biophysics I (4)
- PHYS 332/233** Physics & Biophysics II (4)

Many schools recommend/require:
 24 hours of life/physical sciences
 (half with labs)
 15 hours of humanities & social sciences

Other courses that will assist with your first year in chiropractic school include:
 Microbiology, Biochemistry, Cell Biology, Genetics, Medical Terminology, Biomechanics, Kinesiology, and Statistics.

● Note: Some schools do not accept AP credit.
In consultation with your advisor(s), it is vital to research all programs of interest to ensure all prerequisite courses and experience requirements are met before matriculation.

What should my major be?

You can major in anything you like to prepare for chiropractic school as long as you fulfill the prerequisites for your professional school of interest. A major in the sciences is not always required. However, having a strong background in the sciences will certainly help you, as it gives you a good foundation to build upon. "Pre-Chiro" is not a major, but is an 'advisement' that should be declared alongside your major in order to receive specialized advising towards your goal of attending chiropractic school.

Application Checklist - Start Now!

- **ADVISING** | Meet with a pre-health advisor ASAP to map out your plan toward medical school admission. Plan to meet with your pre-health advisor consistently throughout your journey.
- **RESEARCH** | Determine which medical schools you are interested in. A good place to start is the ACA or ACC websites, where you can find information on chiropractic programs and their timelines.
- **PREREQUISITES** | Research each school to understand and begin work as soon as possible on their application requirements including courses, GPA, shadowing, patient care, etc.
- **PATHWAYS** | While some chiropractic schools have pathways for admission after earning only 90 credit hours, most require or strongly recommend earning your bachelor's degree first.
- **TIMELINE** | Know the application start date and deadlines for each school you are interested in. Some schools have rolling admissions. Usually apply directly to the chiropractic school.
- **EXPERIENCE** | Start early with shadowing, volunteering, and working with patients. Research and strive to exceed the number of hours each program of interest requires.
- **INVOLVEMENT** | Be involved in meaningful activities such as research, community service, work, and extracurriculars that are meaningful and unique. Well-rounded applicants are more competitive.
- **RECOMMENDATIONS** | Determine what types and how many references your schools of interest prefer and begin building relationships with potential letter writers.
- **PERSONAL STATEMENT** | Start to write your personal essay prior to the application in a word document. Be sure to edit it carefully and have others review and edit as well.