

8 TIPS FOR ACADEMIC SUCCESS

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MAKE CONNECTIONS

Get to know classmates, professors, office staff, and advisors. These are your guides for your time at WKU. A CEBS Peer Mentor can help you find and sustain these connections.

SET AN ORGANIZATION SYSTEM THAT WORKS

Buy a planner or download a planning app and set aside time every day to use it. Check email daily and regularly review course syllabi and Blackboard sites for upcoming assignments.

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FIND AND USE RESOURCES

Meet with a CEBS Peer Mentor for an academic coaching session. They can point you to resources including academic, emotional, and even financial support offices.

STAKE OUT A STUDY SPOT

The CEBS Student Success Center is an excellent spot to sit down, plug in, and focus on your work either alone or in small groups. The library or a common room in a residence hall are also great considerations.

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PREPARE FOR & GO TO CLASS

Complete all reading assignments before class and review the syllabus regularly. In class, arrive early if possible, take notes, and engage with the material, the professor, and your peers.

DON'T PROCRASTINATE

Time in college is deceptive. You're in class for fewer hours than you were in high school, but you're expected to do more independent work. Meeting with a CEBS Peer Mentor regularly for academic coaching can help you stay on track.

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GET INVOLVED ON CAMPUS

Join a student organization, attend free workshops and events, find volunteer and travel opportunities. See the play, go to the game, attend the guest lecture, watch the screening, join the group that interests you.

COMMIT TO YOUR HEALTH

Find your definition of good health, which might include physical, emotional, and mental health. Use the Preston Center, set an intentional sleep schedule, and seek guidance from the WKU Counseling Center if needed.

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