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PaperClip Communications
Webinar





College & University Travel Abroad: The 5 Most Dangerous Situations Your Institution Might Face and How to Mitigate the Risk

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Presenter

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- Study Abroad Faculty-Led Program Coordinator at Texas Tech University
- Traveled in 20+ countries with college students
- Experience working with higher education institutions
 & study abroad third-party providers

The opinions expressed during today 's event are not necessarily those of PaperClip Communications.



Let's Define the Issues at Hand

- Increased participation in travel abroad
 - IIE Open Doors (2014-2015)

313,415 U.S. students

studied abroad for academic credit in 2014/15.

Open Doors is conducted by the Institute of International Education with the support of the Bureau of Educational and Cultural Affairs of the U.S. Department of State. **Online at: www.iie.org/opendoors**





Travel Abroad By the Numbers

NON-CREDIT EDUCATION ABROAD

22,431 U.S. students participated in non-credit work, internships, and volunteering abroad in 2014/15, in addition to the 313,415 who received academic credit for study abroad.



Mexico, Nicaragua, and the Dominican Republic are the top 3 hosts of U.S. non-credit education abroad.

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Global Citizenship – A "Requirement"



With international travel comes risk

• Lives at stake, institutional reputation, liability – oh my!



Five Risks To Your Institution & Travelers

- 1. Illness & Medical Emergencies
- 2. General Emergencies
- 3. Accidents
- 4. Cybercrime
- 5. "The Unknown" –
 Travelers' Risky Behaviors





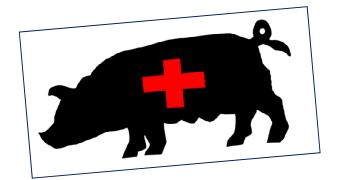
Illness & Medical Emergencies



Illness & Medical Emergencies

What's in the news?







What is a Medical Emergency?

- Hospitalization, no matter how brief
- Rape or sexual assault
- Severe food poisoning
- Severe allergic reaction
- Anything of a mental health nature
- Any incident involving injuries or potential injuries



Illness & Medical Emergencies

- Forum on Education Abroad Critical Incident Database, 2014 Report
 - Most Common Incident: Illness

Types of Incidents	Approximate Number	Percentage
Illness	80	~25%
Clery	60	~19%
Title IX	20	~6%

https://forumea.org/resources/data-collection/critical-incident-database/



Mental Health

- 1 in 5 students face mental health challenges
- Nearly 75% of all mental health conditions emerge by the age of 24
- 50% of students rated their mental health below average or poor
- 50% of students receive no education on mental health concerns prior to college



Mental Health

- 16.8% of U.S. college students with mental health disabilities have studied abroad by their senior year
 - Close to the same percentage as non-disabled students (17.1%)



National Survey on Student Engagement (2014); Mobility International USA

Challenges

- Travelers' disclosure
- Insufficient healthcare facilities
- Lack of knowledge or understanding of nearby medical facilities
- Failure to continue medications
- Failure to follow physician recommendations

- International health insurance
 - Medical, evacuation, repatriation, liability, occupational safety, etc.
 - Consider high risk activities such as sky diving, bungee jumping, scuba diving, and more.
 - Does the insurance cover mental health conditions? How about pre-existing conditions?

In-country management of medical issues

- Medical clearance
 - Partnership with Wellness or Health Center?

- Title IX and Clery Reporting
 - Who has reporting duties?
 - What is your role in reporting?

Pre-Departure Orientation and Training

- Answer the Questions:
 - Who should I contact if I experience an illness or medical emergency abroad? And when?
 - How do I use this international health insurance?
 - To whom should I disclose my concerns prior to departure?

Case Studies - Illness & Medical

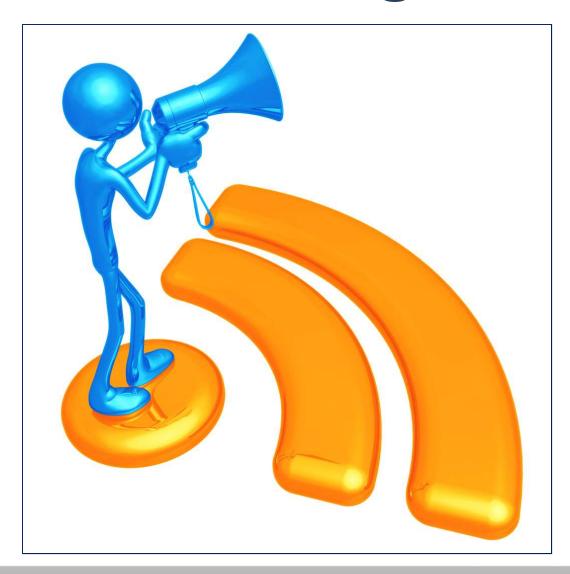
- One of your students goes off their medication while on your program and becomes unstable. The student did not self-report mental health issues before departing. What do you do as the faculty leader?
- You learn that a faculty leader of a program abroad has fallen and broken a hip. What do you do?

Questions to Consider:

What is your plan? What are some of the key issues?
 What are the resources available to you?



General Emergencies



What is a General Emergency?

- Anything "newsworthy" that may or may not directly impact the travelers
- Examples:
 - Terrorist Attacks (France '15 & '16, Belgium '16)
 - Protests & Civil Unrest (France '06, Turkey '15)
 - Natural Disasters (Volcanic eruption in Iceland '10, Earthquakes in Japan '11, Haiti' 10)
 - Political Upheaval (Egypt '11)
 - Military Coup (Thailand '06)



Real vs. Perceived Risk

- Does the general emergency impact your travelers?
 - Regardless of the answer to this question, how will your institution respond?

 What is your institution's level of risk tolerance?



Resources Available









Association of International Educators



Challenges

Misinformation and misunderstanding

Often unpredictable situations

Communication with multiple constituencies

- Communication plan
 - How will you communicate with travelers during a general emergency?
 - How will you communicate with other constituencies during an emergency? (i.e. administration, press, parents and families, etc.)
 - Are you testing your communication plan regularly?
- Program-specific emergency action plan

- Institutional policies
 - Will you allow travelers to travel to countries under U.S. State Department Travel Warning?
 - If so, will there be a vetting system?
 - If you have a vetting process, who makes the final decision and with what information?

Transparency in decision making

Pre-Departure Orientation and Training

- Answer the Questions:
 - What should I do and where should I go if a general emergency occurs?
 - Who should I contact? And when?
 - Who will contact me with more information?

Share emergency action plan

Case Studies – General Emergency

- You receive a phone call from a traveler's parent who is concerned about the student's upcoming travel.
 There is political unrest in Kenya and the student will travel to Cape Town. What do you do?
- An earthquake has happened in New Zealand. You have 25 students interning throughout the country. How do you respond?

Questions to Consider:

What is your plan? What are some of the key issues?
 What are the resources available to you?



Road Accidents



Road Accidents By The Numbers

- Road accidents claim 1.25 million lives each year
 - Leading cause of death for people aged 15-29
- Low- and middle-income countries hardest hit
 - 90% of global road deaths
 - Pedestrians, cyclists, and motorcyclists make up
 50% of these fatalities

World Health Organization

Road Accidents By The Numbers

- 965 non-natural American deaths abroad from June '15-June '16
- 259 due to vehicular accidents (~27%)

 Compared to 20 deaths due to terrorist activities (~2%)



U.S. State Department



Road Accident Trends

- 16% increase in the number of vehicles on the road
 - 67 million new passenger cars in 2014 alone!
- 17 countries recently aligned at least one of their laws with best practices

Pace of progress is too slow!

World Health Organization

Challenges

Inadequate infrastructure

Poorly maintained vehicles

Varying traffic laws



 Lack of attention paid to vulnerable road users, like pedestrians

International health insurance

- Institutional Policies:
 - Are students allowed to drive internationally?
 - Are faculty allowed to drive internationally? If so, is additional liability insurance required?
 - What types of transportation do you allow travelers to use abroad?
 - Examples: tuk tuks in India, tro tros in Ghana Are these allowed?



Pre-Departure Orientation and Training

- Answer the Questions:
 - What transportation options are available in host country?
 - What modes of transportation are allowable?
 What modes should travelers avoid?

Case Studies - Road Accidents

- You receive a phone call from a study abroad program faculty leader. The faculty leader was driving students in Ireland and has been in an accident. Two students are injured. What is your response?
- Breaking news announces a multi-car pile up in Mexico City, where you have 10 graduate students conducting research. What do you do?

Questions to Consider:

What is your plan? What are some of the key issues?
 What are the resources available to you?



"30 Second Stretch"

We think your health is important.

Please feel free to take a 30 second break to stretch and/or reflect before we continue.

Up Next: Cyber Crime & "The Unknown"



Cybercrime





Cybercrime

How often do we talk about this with our international travelers?!

Two Concerns:

- Attacks on travelers' personal information
- Attacks on institution's intellectual property



Personal Information

- Nearly 75% of all Americans have fallen victim to some type of cybercrime
- 2015 178 million records were exposed in cyberattacks
- Apple products aren't safe!
 - Apple-related malware infections have spiked in the last 18 months

NBC News

Institutional Information

- Expansion of traveler destinations and international partners
- Faculty and student research

- Research and export control guidelines
- What is "export?"
 - Both hardware and information
 - export.gov

Challenges

"It's not going to happen to me" mentality

Increasingly sophisticated cyber criminals

 Sheer amount of data available at our finger tips



Best Practices

- Institutional policies
 - Does your institution have written policies about transporting devices & intellectual property abroad?
 - Export control Check with general counsel and/or institutional research
 - Cyber insurance coverage something to consider if your institution doesn't already have coverage
- Provide clean laptops containing only necessary programs

Best Practices

Pre-Departure Orientation and Training

- Add this topic to your orientation and training sessions!
- Tips:
 - Change passwords frequently once before departure and once immediately upon return
 - Back up data

Case Studies – Cybercrime

- One of your travelers checked their bank account using an unsecure internet connection and they've been hacked. The bank account has been drained and your traveler has no alternative source of money. What do you do?
- A faculty member is traveling abroad to present at a conference and a laptop (university property) is lost in transit. What do you do?

Questions to Consider:

What is your plan? What are some of the key issues?
 What are the resources available to you?



The "Unknown"



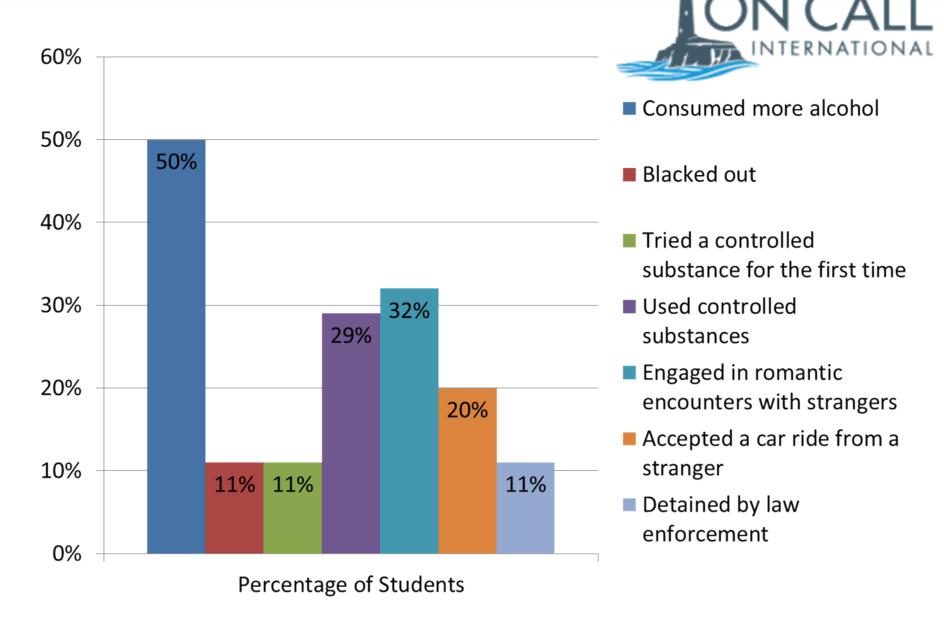


The "Unknown"

- The choices your international travelers make!
- Risky behavior despite preparation



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Alcohol and Drug Usage

- 4 out of 5 colleges students drink alcohol
- 1 in 6 U.S. adults binge drinks 4 times a month
- More common for young adults, aged 18-34
- ~90% of alcohol consumed by those under the age of 21 is in the form of binge drinking
- Associated with many health problems including injury, alcohol poisoning, unintended pregnancy, sexually transmitted diseases....



Alcohol and Drug Usage

- College students make up one of the largest groups of drug users nationwide
- Trends change but most popular include:
 - Adderall
 - Marijuana
 - Ecstasy



AddictionCenter.com

Challenges

"I'm invincible" mentality

"I do this at home."

Lack of disclosure

Situational disinhibition

Best Practices

- "Emergency preparedness is a team sport."
 - Enlist the assistance of others on campus (Student Life, Wellness Center)
- Institutional policies
 - Written and explicit

Best Practices

Pre-Departure Orientation and Training

- Answer the questions:
 - What are the norms surrounding drinking and drug use the host country?
 - What are the institution's policies concerning drinking and drug use? What sanctions are possible?
 - What other temptations should be addressed?
 - Cliff diving, snorkeling or scuba diving, etc.

Case Studies – "The Unknown"

- It is your last day leading a program and 2 students report another student was arrested last night on suspicion of "drug activity." What do you do?
- One of your students is consuming alcohol every night and begins to be verbally abusive to other students on the program. It's also impacting the students' ability to perform their course work. What do you do?

Questions to Consider:

What is your plan? What are some of the key issues?
 What are the resources available to you?

MIKES!



Preparedness Is Key!

- Pre-Departure Orientation and Training
 - For all travelers!
 - Mandatory? What are the repercussions for not attending?

Many models for pre-departure orientation

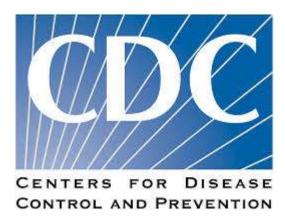
Resources For Your Travelers







 Institutional Resources Like Wellness Center



 International Insurance Provider



Training the Leaders

Topics To Include:

- Cultural and academic preparations, travel tips
- Diplomacy
- Emergency protocols and using the international health insurance
- Working through discipline issues
- Federal laws applicable abroad (FERPA/HIPPA, Title IX, Clery)
- Communication and reporting
- Share program's emergency action plan!

Emergency Action Plan

Each program may need an emergency action plan!

- 1. Discuss the potential crises that could occur in all program locations.
- 2. Designate a primary and secondary meeting place.
- 3. Agree when, where, and how to meet (and to check in with your institution).
- 4. Encourage students to check in with their loved ones.
- 5. What happens if a faculty leader becomes incapacitated?

Crisis Response

- Crisis response plan should answer the question: Who does what, when, and how?
- Plan should be:
 - Reviewed on a regular basis
 - Written down and accessible
 - Taught
 - Followed



Five Takeaways from Today

- 1. Training for all involved
- 2. Preparation is key for travelers and institution
- 3. Collaborate!
- 4. Response protocols are a work in progress
- 5. Flexibility is needed





How Do I Ask a Question of the Panelist(s)?

You can write in a question or comment <u>anytime</u> during the event by clicking on the "Chat" Bubble in the left hand corner of your screen.

<u>OR</u>

If you would like to talk to a panelist(s) live, please call-in using the phone number provided on your instruction sheet, press *1 and you will be put in a call queue until it is your turn to ask your question.

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We want your feedback on today 's event!

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Thank you for your participation,

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