

(Updated 4/15/26)

Dr. BRIAN MYERS

Assistant Professor
School of Kinesiology, Recreation & Sport
Western Kentucky University
1906 College Heights Blvd.
Bowling Green, KY 42101
270-745-4077

EDUCATION

PhD in Educational Leadership Eastern Michigan University, Ypsilanti, MI	2019
M.Ed. in Educational Leadership Northern Arizona University, Flagstaff, Arizona	2011
MA in Physical Education Pedagogy Western Michigan University, Kalamazoo, Michigan.	2002
Teacher Certification, K-12 Physical Education, 7-12 English Western Michigan University, Kalamazoo, Michigan.	2000
BA in Physical Education, Emphasis on Exercise Science Albion College, Albion, Michigan.	1997

TEACHING

Associate Professor, Physical Education and Coaching Western Kentucky University, Bowling Green, KY	2019-Present
Assistant Professor, Physical Education and Coaching (online) University of Nebraska, Kearney	2019-2020
Assistant Professor, Physical Education and Coaching Northern Michigan University, Marquette, MI	2011-2019
Physical Education 6-8 Sahuarita Middle School, Sahuarita, AZ	2008-2011
English/Health/Physical Education 9-12 Climax-Scotts Adult Education, Climax, MI	2007-2008
Physical Education K-5 Vicksburg Community Schools, Vicksburg, MI	2000-2003

ADMINISTRATION

Physical Education and Athletic Coaching Division Coordinator, KRS Western Kentucky University, Bowling Green, KY	2025-present
Physical Education Division Coordinator, SHHP Northern Michigan University, Marquette, MI	2011-2019
SHAPE Michigan-Upper Peninsula Region Representative	2018-2019
Athletic Administration Sahuarita Unified Schools, Sahuarita, AZ	2008-2011
Bangor Public Schools, Bangor, MI	2003-2008
Project Coordinator, S.T.E.P Summer Recreation Program Administrator of Summer Recreation Program, Sahuarita Unified Schools, Sahuarita, AZ	2008-2011
Program Director Huss Learning Center After-School Program Three Rivers Community Schools	1998-2000
In-School Suspension Director Three Rivers High School, Three Rivers, MI	1997-1998

COACHING

Assistant Varsity Softball Coach Marquette Senior High school, Marquette, MI	2018-2019
Head Football Coach Sahuarita Middle School, Sahuarita, AZ	2008-2011
Varsity Baseball Head Coach Bangor High School, Bangor, MI	2004-2007
Varsity Football Assistant Coach Vicksburg High School, Vicksburg, MI	2000-003
Varsity Basketball Assistant Coach Vicksburg High School, Vicksburg, MI	2000-2003
Junior Varsity Head Baseball Coach Vicksburg High School, Vicksburg, MI	2000-2003
Varsity Football Assistant Coach Colon High School, Colon, MI	1996-1997
Junior Varsity Head Baseball Coach Colon High School, Colon, MI	1996-1997
Multiple years as a youth sport coach Football, Soccer, Baseball, Basketball	2000-2019

ADDITIONAL LEADERSHIP ROLES

CHHS Wellness Committee Member	2021-present
Council of 8 Committee Member – University committee	2021-2023
Athletic Coaching Certificate and Minor Program Adviser	2021-present
Bowling Green Paralympic Advisory Board	2019-2021
SHAPE Michigan Regional Director (Upper Peninsula)	2018-2019
Growth Initiative Project Leader – Northern Michigan University	2015-2016
Assisted growth program leader to increase majors within the Physical Education and Coaching disciplines.	
Chair, Ad-Hoc Department Committee – Growth Initiative	2015-2016
Department committee set up to assist the campus-wide initiative of increased enrollment.	
Chair, Secondary Education Committee, Education	2012-2015
Northern Michigan University, School of Leadership and Education.	
Physical Education Division Coordinator, SHHP	2011-2012
Northern Michigan University	
Coordination of PE discipline, courses offered, faculty course assignments, academic outcome assessments, equipment coordinator, service learning.	
Michigan High School Athletic Association State Tournament Director	2003-2007
Cross-Country Regional Tournament Director	
Wrestling District and Regional Tournament Director	
Girls Basketball State Regional and Quarterfinal Tournament Director	
Boys Basketball State District and Regional Tournament Director	
Baseball State District Tournament Director	
Michigan High School Athletic Association Site Selection Committee	2004-2007
High School Baseball State Tournament Site Selection Committee for district, regional, and quarterfinal tournaments.	
Interview Committee Member, Athletic Coach Positions	2003-2008
Bangor Public Schools, Bangor, MI	
Advertising, committee coordination, interview protocol development, board hiring recommendations.	
Interview Committee Member, English/Language Arts position	2009-2010
Sahuarita Middle School, Sahuarita, AZ	
Booster Club Liaison/Fundraising Coordinator	2003-2008
Bangor Viking Club, Bangor High School, Bangor, MI	
Annual Golf Outing, Fundraising Poker Tournament	
Philanthropy Chair, Delta Tau Delta Fraternity	1994-1995
Chaired events such as Big Brother, Soup Bowl, Walk-for-Warmth, and the Sun Games Special Olympics	
Albion College, Albion, MI	

PROFESSIONAL ORGANIZATION AND COMMITTEE MEMBERSHIP

SHAPE America – National Society of Health and Physical Educators
KY SHAPE – Kentucky Society of Health and Physical Educators
SHAPE Michigan – Michigan Society of Health and Physical Educators
NASPE – Member of the National Association of Sport and Physical Education
AAUP – American Association of University Professors
MHSA – Michigan High School Athletic Association
CAP – Coach Advancement Program certified specialist
MHSBCA – Member of the Michigan High School Baseball Coaches Association
MHFCA – Member of the Michigan High School Football Coaches Association
MEA – Member of Michigan Education Association
NEA – Member of the National Education Association
Bowling Green Paralympic Advisory Board

National Youth Sport Strategy Workshop Member – NYSS sport strategy committee member

Western Kentucky University – CHHS Homecoming Committee member

Western Kentucky University – Council of 8 Committee

Western Kentucky University – KRS Strategic Planning Committee member

Western Kentucky University – Physical Education Proficiency Committee member

Western Kentucky University – Faculty/Staff Wellness Committee

Served the WKU campus staff/faculty in planning health/wellness/recreation activities.

Western Kentucky University – KRS Budget Committee Member

Served on a committee to assist department and college administration in budgetary issues

Michigan Department of Education (MDE) – Professional Committee Service

I served on two committees through the MDE that is charged with curriculum and teacher certification test revision. Currently, we are working on combining PE and Health curriculums into one major, and realigning the certification testing protocols.

Teacher Selection and Retention Committee – School of Education, NMU

I served on this committee as a University Supervisor to hear student appeals in regard to admittance or re-admittance to the education program.

Secondary Education Committee (Chaired 2013-2014)– School of Education, NMU

This committee is designed to ensure a consistent and high level of educational methods preparation, and a quality student teaching field experience program.

Teacher Education Accreditation Council – School of Education, Northern Michigan University

Accreditation gained for the School of Education through our collaborative efforts in teacher candidate preparation and field experience programming. The TEAC works with supervising teachers, principals, and University supervisors to develop a quality student-teacher experience.

Growth Initiative Ad-Hoc Committee (Chair) – SHHP Department, Northern Michigan University

This committee meets regularly to develop strategies for recruitment and retention of students within our departmental programs.

Ad-Hoc Committee (Chair)– SHHP Department, Northern Michigan University

This committee meets to discuss and plan the use of space within the HPER department for the optimal classroom, office, meeting, and social area experiences.

Faculty Evaluation Committee (FEC) – SHHP Department, Northern Michigan University

This committee oversees annual, 5-year, and Department Head evaluations. Adherence to department bylaws and the master agreement to determine continued employment, recommendations for promotion, and acceptance of sabbatical applications.

PROFESSIONAL PRESENTATIONS

Presentations:

1. **Myers, B.S.** Marquette-Alger County RESA – Fall Conference for Educators. October 14, 2011. (Peer Reviewed)
2. **Myers, B.S.** Michigan Association for Health, Physical Education, Recreation, and Dance (MAHPERD) 115th Annual Convention. November 3-5, 2011. Hyatt Regency, Dearborn, Michigan.(Peer Reviewed)
3. Tremethick, MJ, Adams, B, **Myers, B.S.**, Gautam, Y. Internationalize your Instruction. Michigan Association for Health, Physical Education, Recreation, and Dance (MAHPERD) Annual State Convention, Traverse City, MI 2014.
4. **Myers, B.** Roadmap to Developing your Personal Coaching Philosophy. SHAPE Michigan Conference, Lansing, MI, October 2015.
5. **Myers, Brian.** Psychological Aspects of Coaching: Understanding and Improving the Motivational Factors for Athletes. SHAPE Michigan Conference, Mackinac Island, October 2016. (Invited Presentation)
6. **Myers, B.,** Exelby, A., Anderson, K. Connecting High School Physical Education to Physical Activity Levels in College Freshmen. SHAPE Michigan Conference, Mackinac Island, October 2016.
7. Hogan, P., Carlson, B., **Myers, B.** The way you see the problem, may be the problem: Teachers as Problem Solvers. SHAPE Michigan Conference, Mackinac Island, October 2016.
8. Pettigrew, B., **Myers, B.** The Impact of High School Physical Education on Physical Activity Levels of Incoming College Freshmen. SHAPE Michigan Conference, Mackinac Island, October 2016.
9. **Myers, B.** Marquette-Alger County RESA – Fall Conference for Educators. October 13, 2017. (Peer Reviewed)
10. **Myers, B.** SHAPE America National Convention. Educational Athletics: Roadmap to Developing Your Personal Coaching Philosophy. March 22, 2018.

11. **Myers, B.** The Relationship Between Physical Activity Levels of College Students and their High School Physical Education. 2019 KAHPERD Fall Convention, October 14, 2019, Louisville, KY.
12. **Myers, B.** Technology and Innovative Games in Health and PE. Owensboro and Daviess County Fall 2019 Professional Development, September 27, Owensboro High School. (Invited Presentation)
13. Turner, L., **Myers, B.** Health Related Fitness: Do It Daily, health and fitness instant activities for the K-12 educator. October 14, 2019, Louisville, KY.
14. **Myers, B.** Whole School/Child/Community WSCC Model. 2020 KATE Conference, September 2020, virtual.
15. **Myers, B.,** Chen, J., Esslinger, K. Incorporating inquiry-based activities in secondary physical education to produce future civic benefits and actions. 2021 KATE Conference, October 25, 2021, virtual.
16. Chen J; Woodard, K; **Myers, B;** Baker, K. Value-based Approach on Delivering Online/Hybrid Physical Activity Programs. American Kinesiology Annual Leadership Workshop, January 2022.
17. Chen, J., **Myers, B,** Esslinger, K. Association between competency and first-year employment: A comparison study. 2022 SHAPE America Convention & Expo, New Orleans, LA.
18. **Myers, B.** Roadmap to Developing your Personal Coaching Philosophy. SHAPE America Convention, Seattle, WA. Spring 2023.
19. Castleman, F; **Myers, B.** Gender Disparities Among Physical Educators: A State/National Comparison. SHAPE America Convention, Seattle, WA. Spring 2023.
20. Chen, J; **Myers, B.;** Esslinger, K. Cross-Curricular PE Activities. KY SHAPE Fall 2023 Conference, Campbellsville University.
21. **Myers, B.;** Chen, J. Influence of Physical Education Teachers' Attire and Grooming on High School Pupils' Learning and Perceptions of Teacher Effectiveness. SHAPE America Conference, Cleveland, OH. Spring 2024
22. **Myers, B.** Psychological Aspects of Coaching: Understanding and Improving Motivational Strategies for Athletes. SHAPE America Conference, Cleveland, OH. Spring 2024.
23. Chen, J., **Myers, B.,** Moore, E. Come Together! How Belonging impacts and improves student experience! SHAPE America Conference, Kansas City, MO. Spring 2026.

PUBLICATIONS

1. Chen, Y., & **Myers, B.** (2025). *Impact of physical educators' appearance and sex on elementary school students' learning and perceptions of the teachers.* Journal of Teaching in Physical Education, 44(2), 317329.
<https://journals.humankinetics.com/view/journals/jtpe/44/2/article-p317.xml>
2. **Myers, B.** *Your Personal Coaching Philosophy: A Roadmap to Developing an Educationally Sound Vision.* Strategies. SHAPE America. March 2024.
<https://doi.org/10.1080/08924562.2023.2301116>
3. **Myers, B.** *Effect of Physical Educators' Appearance and Sex on Middle School Students' Learning Outcomes and Perceptions of Teacher Effectiveness.* International Journal of

Physical Education, Sport & Fitness. Vol. 12, Issue 4, 2023.

<https://doi.org/10.54392/ijpefs2344>

4. Chen, Y; **Myers, B.** *Impact of Physical Educators' Appearance and Sex on Elementary School Students' Learning and Perceptions of the Teachers.* Journal of Teaching in Physical Education. October 2023.
<https://doi.org/10.1123/jtpe.2023-0285>
5. Chen, Y; **Myers, B.** *Associations between physical educators' appearance and sex and high school pupils' cognitive performance and perceptions of teacher characteristics.* The European Physical Educator, March 2024.
<https://doi.org/10.1177/1356336X241240421>
6. Baker, Kayla, Bopp, Melissa, Bulger, Sean M., Chen, YuChun, Duffey, Michele L., **Myers, Brian**, Voelker, Dana K., & Woodard, Kaylee F.. (2022). Kinesiology Faculty Reflections on COVID-19 and Future Directions in Online Education. *Kinesiology Review*. Advance online publication. <https://doi.org/10.1123/kr.2022-0017>.
7. Chen, J; **Myers, B;** Esslinger, K. Competency and First Year Employment in Physical Education. Research Quarterly for Exercise and Sport, Vol. 93, March 2022.
8. Chen, Y; **Myers, B.** Association between Teacher Candidates' Competency and First-Year Employment in Physical Education: A Comparison Study. Journal of International Education and Practice, Vol 04, Issue 03, December 2021.
<https://ojs.bilpublishing.com/index.php/jiep>
9. (Submitted Manuscript) Baker, K; Bopp, M; Bulger, S; Chen, Y; Duffey, M; **Myers, B;** Voelker, D; Woodard, K. Kinesiology Faculty Reflections on COVID-19 and Future Directions in Online Education. 2022.
10. Baker, K; **Myers, B.** Green Exercise, Affinity for Nature, and Psychological Characteristics. 2022.
11. **Myers, Brian.** The Relationship Between Physical Activity Levels of College Students and Their High School Physical Education. *KY SHAPE Journal*, Volume 57 No. 2, Spring 2020.
12. Patricia I. Hogan, Ph.D., James Santomier Jr., Ph.D. & **Brian Myers**, M.Ed. Sport Education in the Vuca World. Journal of Physical Education and Sports Management June 2016, Vol. 3, No. 1, pp. 1-37.
13. **Myers, B.S.**, Frameworks for using Technology in Physical Education and Coaching. *MAHPERD Journal*, 2014 (peer reviewed).
14. **Myers, B.S.**, Effectively Working with Parents: A look at parents' desired characters of youth sport coaches. *Strategies*.2014 (submitted for manuscript review).
15. Tremethick, M.J., Adams, B., **Myers, B.**, & Gautam, Y. R. (2014). Internationalize Your Instruction. Paper presented at the Michigan Association for Health, Physical Education, Recreation and Dance (MAHPERD) Annual Conference. Grand Traverse Resort, Williamsburg, MI, November 2014.

Internal Grants

Fall 2022 – Quick Turn Around Grant (QTAG). \$3,000 award to examine the effect of teachers' physical appearance on student learning.

Fall 2019 – Quick Turn Around Grant (QTAG). \$2100 award for research on the physical activity habits of college students.

COLLEGE LEVEL COURSES TAUGHT

Western Kentucky University, Bowling Green, Kentucky

2019-present

- PE 314 Curriculum in Physical Education – Lecture/Lab
- PETE 415 Field Experience in Physical Education II – Lecture/Practicum
- PE 416 Special Topics in Physical Education – Lecture/Lab
- PE 320 Methods in Early and Middle Childhood PE – Lecture/Practicum
- PETE 322 Field Experience in PE I - Practicum
- PE 111 Movement Themes and Concepts I – Lecture/Lab
- PE 211 Net/Wall and Target Sports – Lecture/Lab
- PE 212 Invasion and Striking Sports – Lecture/Lab
- PE 300 Leisure Time Outdoor Pursuits – Lecture/Lab
- PE 311 Exercise Physiology – Lecture/Lab (online)
- PE 313 Motor Development (online)
- PE 341 Coaching Basketball (online)
- PE 343 Coaching Baseball (online)
- PE 340 Coaching Baseball (online)
- PE 390 Fitness/Wellness Applications – Lecture/Lab
- PE 497 Advanced Principles of Coaching -Lecture/Lab
- PE 290 Foundations of Coaching Principles – Lecture/Lab
- PEMS 426 Movement Studies Practicum
- PE 456 Independent Studies in Kinesiology
- RSA 521 Public Relations in Rec. & Sport – Lecture/Lab (Graduate)

University of Nebraska Kearney, Online Undergraduate/Graduate

2019-2020

- PE 325 Motor Development (online)
- PE450 Curriculum in Physical Education (online)
- PE 831 Curriculum Design in Physical Education (Graduate Online)
- PE 845 Motor Development and Learning (Graduate Online)
- PE 875 Analysis of PE Teaching (Graduate Online)

Northern Michigan University, Marquette, Michigan

2011-2019

- PE 110 Introduction to Physical Education – Lecture
- PE 112 Fundamental Motor Skills – Lecture/Lab
- PE 213 Physiology of Sport and Fitness – Lecture/Lab
- PE 214 Team Sports – Course Coordinator
- PE 224 Developmental PE for Classroom Teachers – Lecture/Lab/Field Experience
- PE 295 Sport, Film, and Society – Online/Lecture
- PE 300 Technology in PE and Coaching
- PE 314 Individual and Dual Sports – Coordinator/Lab instructor

- PE 318 Motor Learning and Secondary Physical Education – Lecture/Lab
 - PE 330 Sport Officiating – Lecture/Lab/Field Experience
 - PE 340 Principles of Coaching – Lecture/Lab/Field Experience
 - PE 341 Advanced Principles of Coaching – Lecture/Lab/Field Experience
 - PE 346 Adapted Physical Education – Lecture/Lab/Field Experience
 - PE 350 Methods and Materials in PE – Lecture/Lab/Field Experience
 - HL 350 Methods and Materials in Health Education – Lecture/Lab/Field Experience
- Academic Advising – Secondary Education Physical Education/PECO
University Supervisor for PE Student-Teachers
Coordinator for Physical Education Discipline
Physical Education Equipment Manager

LEADERSHIP TRAINING/PROFESSIONAL DEVELOPMENT

- **SHAPE America PETE Zoom Webinars**

- *Developing Community in a Crisis: A Virtual Conversation about PETE during COVID-19, April 2020*
- *What are the implications of COVID-19 for (a) PETE online instruction and (b) the future of PETE in higher education? April 2020.*
- *Can't we all just get along: building a bridge to K-12 in PETE, May 2020*
- *Forward-thinking Solutions to Engaging Learners and Faculty within University PETE Fall 2020 and Beyond, August 2020*
- *Innovations to PETE programming during the COVID-19 Pandemic, September 2020*
- *Inclusion, PE, and the Intersection of Lived Identities, October 2020*
- *Policy (and You) Matters in Advocating for PE/PETE, November 2020*
- *Recruiting Students into PETE Programs, February 2021*
- *One Year In: Celebrating a Year of PETE Collaboration and Forming a Collective Vision for the Future, May 2021.*

- **NIAAA-National Interscholastic Athletic Administrators Association**

Leadership Training Courses:

- LTC 501 Philosophy, Leadership, and Professional Programs
 - LTC 502 Athletic Administration: Principles, Strategies and Methods
 - LTC 503 Citizenship Through Sport and Fine Arts
 - LTC 504 Athletic Administration, Legal Issues/Risk Management
 - LTC 520 Character in Coaching
- **Title IX Coordinator Forum.** Title IX Issues, Sexual Harassment in the workplace, Gender Equity Issues. Lansing, MI. April 16, 2004.
 - **Technology/Computer and Teacher Development Training.**

- Software/Hardware Applications (8hrs), Web Design (8hrs), PowerPoint (8hrs), Excel (8hrs), and Computers for Teachers (8hrs).
- Structured English Immersion (SEI) Training. University of Phoenix, 2009.
- Cooperative Learning (6 sessions). Pat Wilson O'Leary, Teaching Specialist, Vicksburg Community Schools, MI.
- Shared Leadership (8hrs), Pat Wilson O'Leary, Teaching Specialist, Vicksburg Community Schools, MI.
- Instructional Skills (8hrs), Pat Wilson O'Leary, Teaching Specialist, Vicksburg Community Schools, MI.
- Exemplary Physical Education Curriculum (EPEC) Training. Battle Creek, MI.
- **Federal Grant Training/Workshops – 21st Century Learning Centers Grant**
 - Mott Foundation, 21st Century Learning Centers Grant, March 2000, Grand Rapids, MI. Bidder's Conference Presentation: Applying for after-school funding.
 - Mott Foundation, 21st Century Learning Centers Grant, February 2000, Flint, MI. Michigan Grantees Regional Training: Annual Reporting Procedures.
 - Communities That Care, City of Three Rivers, April 2000, Three Rivers, MI City Improvement Plan, State Grant Proposal.
 - Michigan Department of Community Health, Governor's Discretionary Fund, April 2000. Drug/Alcohol Prevention Grant Work: Michiana Addictions/ Preventions Services.
 - Department of Education, Regional Training, March 2000, Cleveland, OH. Managing the After-School Program: Collaboration and Communication.
 - Department of Education, Regional Training, October 1999, Chicago, IL. Continuous Management Planning: Integration of after-school programming into K-12
 - Department of Education, Summer Institute, July 1999, Washington DC. National level training for 21st Century Learning Center Grantees.
 - United States Department of Agriculture, April 1999, Lansing, MI. Nutritional Guide Training: After-school nutrition.