

Whitney Cassity-Caywood Ph.D., L.C.S.W.

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EDUCATION

Ph.D. in Social Work

University of Louisville/University of Kentucky

Dissertation: The Housing Realities of Persons with Severe and Persistent
Mental Illnesses in Rural Areas

Master of Science in Social Work

University of Louisville

B.A. in Psychology, magna cum laude

Transylvania University

TEACHING EXPERIENCE

Assistant Professor, *Murray State University*, 2020-present

Instructor in Social Work, *Murray State University*, 2017-2020

Adjunct Faculty in Social Work, *Murray State University*, 2006-2017

Courses Taught

SWK 102 Introduction to Human Services

SWK 201 Social Work and Social Welfare

SWK 305 Services for Older Americans

SWK 308 Interviewing Skills

SWK 350 Social Welfare Policies and Services

SWK 355 Perspectives on Women

SWK 365 Crisis Intervention

SWK 370 Gerontological Social Work Theory

SWK 371 Biopsychosocial Aspects of Aging

SWK 385 Social Work in Mental Health Settings

SWK 424 Case Management

Adjunct Faculty in Social Work, *Western Kentucky University*, 2008/2009; 2021-present

Courses Taught

SWK 560 Foundation Field Practicum I

SWK 561 Foundation Field Practicum II
SWK 521 Social Work Clinical Assessment and Intervention
SWK 620 Advanced Approaches for Rural Practice
SWK 640 Applied Social Research

Adjunct Faculty in Social Work, *University of Kentucky*, 2004-2005

Courses Taught

SW 450 Social Work Research
SW 750 Research Design and Implementation in Social Work Practice I
SW 751 Research Design and Implementation II

PEDAGOGICAL TRAINING _____

Effective Instruction certification (25-week course), The Association of College and University Educators and American Council on Education, April 2023

OTHER RELEVANT EXPERIENCE _____

Research Affiliate-Lifeskills Center for Child Welfare Education and Research

- Collaborate with the multidisciplinary team to conduct original research informing best practices in the field
- Produced two published manuscripts and one under development
- Mentor graduate assistants who assist with research and are included in publication

Clinical Consultant-Lotus (Sexual Violence Resource Center/Children's Advocacy Center)

- Provide individual and group supervision and consultation to multidisciplinary clinical staff
- Consult with program administrators on clinical professional development
- Assist the agency with program evaluation and outcome data collection and analysis
- Assist clinicians with the development of trauma treatment protocols

Licensed Clinical Social Worker-private practice

- Provide individual, couples, and family counseling
- Apply a variety of treatment modalities tailored to clients' needs such as Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, Psychodynamic, Internal Family Systems, Mindfulness, and Solution Focused Interventions
- Serve as a clinical supervisor and consultant for clinicians pursuing independent licensure

Bluegrass Regional MH-MR Board (New Vista)

- Provided case management to individuals with severe and persistent mental illnesses in the community
- Provided outpatient therapy to individuals, groups, and families
- Managed a supportive housing program for individuals with severe mental illnesses experiencing housing insecurity

PUBLICATIONS

- Cassity-Caywood, W.,** Griffiths, A., Woodward, M., & Hatfield, (A.). (2022). The benefits and challenges of shifting to telehealth during COVID-19: Qualitative feedback from Kentucky's sexual violence resource centers and children's advocacy centers. *Journal of Technology in Behavioral Science* (2022). <https://doi.org/10.1007/s41347-022-00296-w>
- Cassity-Caywood, W.,** Woodward, M., Griffiths, A., & Hatfield, A. (2022). Lessons learned from COVID-19: Provider suggestions for improving service delivery in sexual violence resource centers and children's advocacy centers in Kentucky. *Contemporary Rural Social Work Journal*, 14(1). <https://digitalcommons.murraystate.edu/crsw/vol14/iss1/1/>
- Cassity-Caywood, W.** (2021, November). *Impacts of COVID-19 on SVRCs and CACs in Kentucky: Preliminary Report of Qualitative Findings*. Submitted to the Kentucky Association of Sexual Assault Programs and the Children's Advocacy Centers of Kentucky.
- Cassity-Caywood, W.** (2019). Contemporary mental health care in rural areas: Challenges and strategies. *Contemporary Rural Social Work Journal*, 11(1) , Article 13. <https://digitalcommons.murraystate.edu/crsw/vol11/iss1/13>
- Cassity-Caywood, W., & Huber, R.** (2004). Rural older adults at home. *Journal of Gerontological Social Work* 41, (3/4), 229-245.

HONORS AND AWARDS

- Outstanding Research and Creative Activity Award, College of Education and Human Services, Murray State University, 2023
- Department of Community Leadership and Human Services nominee for Board of Regents Teaching Excellence Award, College of Education and Human Services, Murray State University, 2021, 2022, 2023

PROFESSIONAL SERVICE

- Regulatory Research Committee, Association of Social Work Boards, 2023- present
- Governor Appointee to the Kentucky Board of Social Work, 2020-present
- Served as the KBSW Chair 2022 and Vice-Chair, 2021, 2023
- Assist KBSW with the development of updated practice regulations
- Served on the KBSW Ethical Complaint Committee
- Served as KBSW's delegate to the Association of Social Work Boards (ASWB)
- Board Member and Secretary, Child Watch Counseling and Advocacy Center, 2015- 2021

UNIVERSITY SERVICE

- Invited panelist on scholarly and creative activity for Faculty Development Center New Faculty Orientation, 2023
- Co-facilitated workshop *Building Resilience Through Self Care*, 2022
- Murray State University Faculty Senator, 2022-present

- Faculty Senate Government Affairs Committee, 2022-present
- College of Education and Human Services Awards Committee, 2022-present
- Faculty Incentive Grant for university recruitment, Murray State University, 2022
- Scholarship Committee, MSU Paducah Regional Campus, 2020-present

PROFESSIONAL PRESENTATIONS

- (Accepted Proposal) Social Work Distance Education 2024 Virtual Conference. *Improving Student Access Through Engaged Distance Learning*
- Kentucky Association of Sexual Assault Programs Conference for Ending Sexual Violence, 2022, *Continuing Our Work Through COVID: Lessons Learned*
- National Title IV-E Roundtable on Child Welfare Training and Education, 2022, *Trauma Treatment Via Telehealth: Benefits, Challenges, and Lessons Learned*
- Kentucky Association of Social Work Educators, 2021, *Applications of Polyvagal Theory in Teaching, Practice, and Self-Care* and *Zoom Online Teaching Tips*
- Kentucky Coalition Against Domestic Violence 21st Conference for Ending Sexual Assault and Domestic Violence, 2019, *Helping the Helper: Self-Care Strategies for Thriving*
- National Institute on Social Work and Human Services in Rural Areas, 2019, *Providing Self-Care Psychoeducation to Underserved and Populations in Rural Areas, DBT Informed Practice in Rural Areas* and *The Challenges of Providing Mental Health Care in Rural Areas*
- Western KY Counseling Association, 2018, *DBT Informed Practice*

PROFESSIONAL LICENSURE

Licensed Clinical Social Worker, KY 1685

PROFESSIONAL MEMBERSHIP

- National Association of Social Workers
- American Association of Social Work Boards
- Council on Social Work Education

PROFESSIONAL INTERESTS

- Mental health
- Rural issues
- Social policy
- Sexual violence
- Child maltreatment