

CURRICULUM VITAE

RACHEL WYATT, LCSW
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EDUCATION

Western Kentucky University
Master of Social Work, 2019

Western Kentucky University
Bachelor of Arts, Anthropology, 2015

PROFESSIONAL EXPERIENCE

Western Kentucky University
2022-present, Evaluator, LifeSkills Center for Child Welfare Education and Research (LCCWEAR)

In this role, I collaborate with LCCWEAR team members, stakeholders, and community service providers to improve child welfare services in Kentucky through social work research activities which include evaluations, data collection, data measurement, and dissemination of findings. I am responsible for completing needs assessments, for grant and contract management, creating evaluations, technical reporting, and leading, designing, and implementing program evaluations.

LifeSkills, Inc.
2020-2022, iHOPE Project Director and Team Lead

iHOPE is the only program in the state of Kentucky that provides clinical intervention for transition-age youth and young adults at clinical high-risk for psychosis. As the iHOPE Project Director, I was responsible for leading an interdisciplinary team of six service providers and support staff to achieve the mission and goals of LifeSkills, to meet fidelity of the federal and state grants that partially funded iHOPE, and to provide specialized services and interventions for clients with psychosis-like experiences. I assisted the Children's Services Director and the accounting department in the development of the iHOPE budget and oversaw iHOPE spending. I led weekly meetings with the iHOPE team, the Children's Services Director, and a psychiatric mental health nurse practitioner. I was part of monthly meetings with representatives from Substance Abuse and Mental Health Services Administration (SAMHSA) and other professionals across the nation. I collected data for program evaluation and completed monthly progress reports that were submitted at the state and federal level. I also organized community and organization trainings, created contracts, held individual supervision meetings for all iHOPE staff, completed annual employee performance reviews, and worked proactively to address all employee and consumer complaints.

LifeSkills Inc.
2020-2022, Building Manager, LifeSkills 10th Street Service Center

In this role, I oversaw the day-to-day upkeep of the service center. This included building maintenance, safety procedures, employee and visitor safety, and reporting damages to the maintenance supervisor.

LifeSkills, Inc.

2019-2022, Psychotherapist, iHOPE

As a psychotherapist, I was responsible for administering specialized clinical screenings and assessments and making informed decisions about clinical diagnosis for each client. These responsibilities required keen observation skills, knowledge of the DSM-5 and reliance on the expert training I received to determine the appropriate clinical intervention for each client. I provided direct clinical intervention services to iHOPE mental health clients, including groups, individual, family, collateral, and psychoeducation. I developed treatment plans with clients and families, documented all services provided, completed progress notes, handled crisis situations, and maintained an expert knowledge base regarding evidence-based practices and research.

LifeSkills, Inc.

2019-2021, Outreach Coordinator, iHOPE

In this role, I created presentations and other materials designed to educate community service providers, clients, and families about the iHOPE program. I traveled throughout the 10-county area promoting the iHOPE program to educate and increase referrals. I worked closely with community partners to develop natural support systems for individuals served at iHOPE.

Western Kentucky University

2018-2019, Graduate Research Assistant, Social Work Department

In this role, I provided professional support through library research, data collection, data analysis, writing, transcription, and grant development. Research focused on secondary trauma and parenting, child welfare, and human rights.

TEACHING EXPERIENCE**SWRK 301: Diversity, Equity, and Inclusion in Human Services**

Guest Speaker, October 2023

SWRK 101: Foundations of Human Services

Guest Speaker, October 2023

SWRK 101: Foundations of Human Services

Guest Speaker, April 2023

South Central Kentucky Community Technical College

Instructor, Adult Education, 2017-2018

In this role, I provided academic education to adult students (18+) who were current inmates at the Barren County Jail. I was responsible for creating lesson plans and providing instruction in Math, Science, Social Studies, and Language Arts for inmate GED test preparation.

Western Kentucky University, Anthropology Department, Directed Study

ESL Assistant Instructor, International Center of Kentucky, 2011-2012

For this directed study, I was responsible for providing lessons and support to adult refugee immigrants who were learning English as a second language.

PEER-REVIEWED PUBLICATIONS IN PRINT

Cappiccie, A., & **Wyatt, R.** (2021, February). The rape culture and violence legitimization model: Application to Disney's maleficent. *Journal of Teaching in Social Work* 41(1), 77–93.
DOI: 10.1080/08841233.2020.1853302

RESEARCH ACTIVITY

External Grants and Contracts

2023-2024: Substance Abuse and Mental Health Services Administration
Principal Investigator: Austin Griffiths; Co-Investigators: **Rachel Wyatt**, April Murphy, & Emily Johns.
Promoting Integration of Primary and Behavioral Health Care
(Funded: \$50,000)

May 2023: Kentucky Judicial Commission for Mental Health
Principal Investigator: Ritchie Taylor; Co-Investigators: Austin Griffiths, April Murphy,
Rachel Wyatt, & Diane Lickenbrock.
Evaluation Services for the Kentucky Judicial Commission for Mental Health 2023 Mental Health Summit
(Funded: \$34,000)

March 2023: Fee for Service Agreement, LYFT Learning Award (March 14, 2023 – December 31, 2023)
Principal Investigator: Patricia Desrosiers; Co-Investigators: Austin Griffiths, Jenni Redifer, **Rachel Wyatt**, & David Roehm.
Assessing the effectiveness of a foster care life skills curriculum, setting up the data sets, and reporting results for LYFT Learning
(Funded: \$18,488.28)

March 2023: Department for Behavioral Health, Developmental and Intellectual Disabilities
Principal Investigator: Abby Freeman; Co-Investigators: **Wyatt, R.**; Kennon, K., Stovall, L. & Embry, A.
System of Care FIVE
(Unfunded - \$8,000)

November 2021: Substance Abuse and Mental Health Services Administration
Principle Investigator: **Wyatt, R.**; Co-Investigators: Gregory, R.; Herrman, M. & Kennon, K.
TAYLRD Expansion Drop-In Center Site
(Unfunded - \$300,000)

Technical Reports

Wyatt, R., Murphy, A., Lickenbrock, D., Griffiths, A., & Taylor, R. (2023, October). *Final Report on the Evaluation of the Kentucky Judicial Commission on Mental Health's 2023 Mental Health Summit*. Submitted to the Kentucky Judicial Commission on Mental Health.

Wyatt, R. & Griffiths, A. (March 27, 2023). *Community Needs Assessment for LifeSkills, Inc. Certified Community Behavioral Health Clinic*. LifeSkills Center for Child Welfare Education and Research.

INVITED PRESENTATIONS

State and Regional

Wyatt, R. (2022, November). *Early Intervention and Treatment of High-Risk Symptoms of Psychosis Among Youth*. Oral presentation at the Western Kentucky University Counseling & Student Affairs Workshop Series in Bowling Green, Kentucky.

TECHNOLOGICAL EXPERIENCE

MAXQDA Software for Qualitative, Quantitative, and Mixed-Methods Research
Qualtrics Survey Software
Statistical Package for the Social Sciences (SPSS)

PROFESSIONAL DEVELOPMENT AND SPECIALIZED TRAINING

Eye Movement Desensitization and Reprocessing, *EMDRLA, 2022*
Cognitive Processing Therapy (CPT), *Kathleen M. Chard, 2022*
Cognitive Behavioral Therapy (CBT) for Psychosis, *Dr. Sally Riggs/NYC CBTp, 2020*
Motivational Interviewing Coaching, *Renee Sievert/Sievert Services, 2020*
CBT for Psychosis, Clinical High Risk and First Episode, *2019*
Structured Interview for Psychosis-risk Syndromes (SIPS), *Assessor, 2019*
Structured Clinical Interview for DSM (SCID), *Assessor, 201*

PROFESSIONAL SERVICE

Motivational Interviewing Trainer

LifeSkills, Inc., *September 2023*
LifeSkills, Inc., *April 2023*
LifeSkills, Inc., *November 2022*
LifeSkills, Inc., *September 2022*
LifeSkills, Inc., *June 2022*
LifeSkills, Inc., *February 2022*

As a Motivational Interviewing trainer, I am responsible for promoting good practice in the use and training of motivational interviewing. I have created learning materials and a training curriculum, including presentations and a manual. These are used to train clinicians and other behavioral health staff to use reflective listening skills, affirmations, and other core MI skills with their clients.

INTERNSHIP EXPERIENCE

LifeSkills, Inc.

Children's Crisis Stabilization Unit, 2019

In this role, I was responsible for completing admission and biopsychosocial assessments and completing progress notes. Under clinical supervision, I led group and individual therapy sessions approximately three days a week.

Barren River Area Child Advocacy Center

2018

In this role, I was responsible for assisting the director with fundraising events and collecting demographic data on clients and stakeholders. I also observed forensic interviews, stakeholder meetings, and individual therapy sessions with clients.

Community Action of Southern Kentucky

Refugee Employment Services, 2017-2018

In this role, I was responsible for assisting eligible refugee immigrants find employment. I created a resource book with pictures and descriptions of local resources and how to use public transportation and bus maps.

PROFESSIONAL CERTIFICATIONS

Licensed Clinical Social Worker (LCSW)

2023-present

Certified Social Worker (CSW)

2019 - 2023

SERVICE TO COLLEGE OF HEALTH AND HUMAN SERVICES

College of Health and Human Services (CHHS) Alumni Council Leadership Team

August 2023

SERVICE TO POTTER COLLEGE OF ARTS

Anthropology Program Review Board, Alumni Perspective

March 2023

HONORS AND OPPORTUNITIES

Dr. Lindsey Powell Memorial Conference

Moderator, 2015 and 2016

WKU's Department of Folk Studies and Anthropology

Outstanding Anthropology Graduate, 2015