



**BACHELOR of SCIENCE; PHYSICAL EDUCATION (#587)**  
**MOVEMENT STUDIES CONCENTRATION**  
 School of Kinesiology, Recreation and Sport  
 College of Health and Human Services  
 Western Kentucky University

The suggested program of study shown below should be used in consultation with your advisor(s). Every student will finish with a unique plan of his/her own depending on the electives selected. Prerequisites, Course Numbers, and Course Titles are subject to change.

**SAMPLE – Finish in Four Plan**

<b>FIRST YEAR</b>			
<b>Fall Semester</b>		<b>Spring Semester</b>	
COMM 145 Fundamentals of Public Speaking (F-OC)	3	MATH 109 – General Mathematics OR MATH 116 – College Algebra (F-QR)	3
HIST 101 World History I OR HIST 102 World History II (F-SB)	3	ENG 100 – Intro College Writing (F-W1)	3
PH 100 Personal Health (E-SB)	3	BIOL 131 – Human Anatomy & Physiology (E-NS/SL) or BIOL 113/114 - General Biology (E-NS) and General Biology Laboratory (E-SL)	4
Arts & Humanities (E-AH)	3	PE 123 Movement Themes and Concepts II	3
Natural & Physical Sciences (E-NS) (NOT BIOL)	3	Major/Minor/Elective	3
<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>16</b>

<b>SECOND YEAR</b>			
<b>Fall Semester</b>		<b>Spring Semester</b>	
ENG 200 – Intro to Literature (F-AH)	3	ENG 300 – Writing in the Disciplines (F-W2)	3
HMD 211 – Human Nutrition (K-SY)	3	PE 212 – Striking/Fielding and Invasion Sports	3
PE Advisor Approved Elective	3	General Elective <b>OR</b> *World Language (if needed)	3
PE 111 Movement Themes and Concepts I	3	PE Advisor Approved Elective (Upper Division)	3
PE 211 – Net/Wall and Target Sports	3	PE 313 Motor Development	3
SFTY 171 – Safety and First Aid	1		
<b>TOTAL CREDIT HOURS</b>	<b>16</b>	<b>TOTAL CREDIT HOURS</b>	<b>15</b>

THIRD YEAR			
Fall Semester		Spring Semester	
Connections: Social & Cultural (K-SC) (PH 365 Human Sexuality Suggested)	3	Connections: Local to Global (K-LG)	3
PE 310 – Kinesiology	3	PE 311 – Exercise Physiology	3
PE Elective: suggested PE 291 – Principles of Conditioning	3	PE 320 – Methods in EMC Physical Education	3
PE 390 – Fitness/Wellness Applications	3	PETE 322 – Field Experience in Physical Education I	2
PE Advisor Approved Elective (Upper Division)	3	PE 324 – Evaluations in Physical Education	3
<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>14</b>

FOURTH YEAR			
Fall Semester		Spring Semester	
PE 300 – Lifespan Leisure & Recreation Activities	3	PE 319 – Adapted Physical Education	3
PE 312 – Basic Athletic Training	3	PEMS 426 – Movement Studies Practicum II	2
PE Advisor Approved Elective (Upper Division)	3	PE 497 – Coaching Principles	3
PE Advisor Approved Elective (Upper Division)	3	PE Advisor Approved Elective (Upper Division)	3
Major/Minor/Elective	3	Major/Minor Elective	3
<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>14</b>

**Total Credit Hours: 120**

For more details and courses offered in the Colonnade General Education program visit the [website](#).

**World Language Requirement:** Language Proficiency of novice-high before completing 60 credit hours is required (or completion of 2nd level of a language). Two credits (or equivalent) of a single world language in High School satisfies this WKU requirement.

For More Information:

**School:** Kinesiology, Recreation and Sport

**Website:** <https://www.wku.edu/pe/>

**Phone:** (270) 745-5123

**Email:** [krs@wku.edu](mailto:krs@wku.edu)

**Course Descriptions:** <https://www.wku.edu/undergraduatecatalog/>