

## CURRICULUM VITAE

**Donte McGee Jr., M.S., CPT**

School of Kinesiology, Recreation, and Sport  
Western Kentucky University  
1607 Avenue of Champions, Smith Stadium East 1060  
Bowling Green, KY, 42101  
Office Phone: (270) 745-6460  
Email: donte.mgee@wku.edu

---

### Education

---

**Master of Science in Kinesiology: Exercise Physiology** 2022-2024  
Western Kentucky University, Bowling Green, KY  
Thesis: The Effect of Mindfulness Training on Muscular Endurance Exercise Performance, Mindfulness, and Mental Toughness

**Bachelor of Science in Exercise Science** 2018-2022  
Western Kentucky University, Bowling Green, KY

**Minor in Psychology** 2018-2022  
Western Kentucky University, Bowling Green, KY

---

### Teaching Appointments

---

**Western Kentucky University** 2024-Present  
Instructor: School of Kinesiology, Recreation, and Sport  
Instructor of Record:

- EXS 436 – Principles of Strength and Conditioning
- EXS 223 – Introduction to Exercise Science
- EXS 122 – Foundations of Kinesiology

**Western Kentucky University** 2022-2024  
Graduate Teaching Assistant:

- EXS 496 – Internship in Exercise Science
- EXS 446 – Biomechanics
- EXS 436 – Principles of Strength and Conditioning
- EXS 324 – Measurement and Evaluation in Kinesiology
- EXS 296 – Practicum in Exercise Science

---

### Professional Experience

---

Strength and Conditioning Internship Summer 2024  
Western Kentucky University Football

---

### Research

---

1. Tolusso, D.V., Buoncristiani, N. A., Stone, W. J., Malone, G., **McGee, D.**, & Arnett, S. A. (2023, July). Perceptual recovery status as a marker to track recovery of performance following strength-based resistance exercise [Poster Abstract]. 2023 National Strength and Conditioning Association National Conference, Las Vegas, NV, United States.
2. **McGee, D.**, Arnett, S., Tolusso, D.V., Stone, W. J., Pacheco, G. (2024, April). The effect of mindfulness training on muscular endurance performance, mindfulness, and mental toughness [Poster Abstract]. 2024 Western Kentucky University Student Scholar Showcase, Bowling Green, KY, United States.
3. **McGee, D.**, Arnett, S., Tolusso, D.V., Stone, W.J., Pacheco, G. (2024, February). The effect of mindfulness training on muscular endurance performance, mindfulness, and mental toughness [Research Proposal]. 2024 Southeast American College of Sports Medicine Regional Conference, Greenville, SC, United States.
4. Barksdale, M. W., Stone, W., Tolusso, D., Pacheco, G., & **McGee, D.** (2024, February). Cannabidiol's (CBD) impact on inflammation, performance, and perceived recovery following damaging squat protocol. [Poster Abstract]. 2024 Southeast American College of Sports Medicine Regional Conference, Greenville, SC, United States.
5. Pacheco, G., Stone, W., Tolusso, D., Arnett, S., **McGee, D.**, & Barksdale, M. (2024, February). Cannabidiol (cbd) and resistance training: Does cbd attenuate acute pain? [Poster Abstract]. 2024 Southeast American College of Sports Medicine Regional Conference, Greenville, SC, United States.

---

### Grants and Funding

---

1. Western Kentucky University Graduate Student Travel and Research Support Funding. Spring 2024. (Funded- \$473.25)

---

### Personal Certifications, Memberships, and Awards

---

- |  |           |
|--|-----------|
| 1. National Strength and Conditioning Association Certified Personal Trainer | 2024      |
| 2. National Strength and Conditioning Association, Professional Member       | 2024      |
| 3. Southeastern American of College of Sports Medicine, Student Member       | 2023-2024 |
| 4. Adult CPR/AED, American Red Cross   | 2024      |

---

### Service

---

#### *Western Kentucky University*

- |  |              |
|--|--------------|
| 1. Reviewer – International Journal of Exercise Science                              | 2023-Present |
| 2. Exercise Science Representative – WKU Preview Day                                 | 2024         |
| 3. Camp Instructor – Sport Science Camp  | 2024         |
| 4. Fitness Testing – Exercise Science Lab  | 2022-2024    |
| 5. Exercise Science Representative – WKU Majors, Minors, and Career Exploration Fair | 2023         |
| 6. KRS Representative – WKU Graduate Fair  | 2023         |

***Community***

1. St. Jude Children's Hospital Fundraisers
2. WKU Blood Drive Donation

2018-2022  
2019